

Perkins-Tryon School

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 COOKS CHOICE NO	Apr - 2 CHICKEN NUGGETS FRENCH FRIES STRAWBERRIES, FRE MILK - Variety Lunch KETCHUP	Apr - 3 TACO,BEEF LETTUCE W/ TOMAT PEARS DICED* BROWNIES MILK - Variety Lunch picante sauce	Apr - 4 CHICKEN & RICE BROCCOLI ROSSI APPLESAUCE HOT ROLL MILK - Variety Lunch MARGRINE CUP	Apr - 5 CHEESEBURGER ON vegie beans Pineapple Tidbits MILK - Variety Lunch
Apr - 8 CORN DOG TATOR TOTS APPLES, Fresh MILK - Variety Lunch MUSTARD KETCHUP	Apr - 9 BARBECUED CHICKE PEAS Peaches, Diced HOT ROLL MILK - Variety Lunch	Apr - 10 VEGETABLE BEEF S CHEESE STICKS PEARS DICED* Cinnamon Rolls Pur. CRACKERS MILK - Variety Lunch	Apr - 11 COOKS CHOICE NO	Apr - 12 PEPPERONI PIZZA GREEN BEANS Fruit Salad With Whipp MILK - Variety Lunch
Apr - 15 NACHOS WITH GRO FRUIT COCKTAIL PINTO BEANS MILK - Variety Lunch	Apr - 16 CHICKEN FRIED STE MASHED POTATOES COUNTRY GRAVY ROSSI APPLESAUCE MILK - Variety Lunch	Apr - 17 TACO SALAD LETTUCE W/ TOMAT PEAR JELLO MILK - Variety Lunch picante sauce	Apr - 18 TURKEY AND NOODL BROCCOLI, raw STRAWBERRIES HOT ROLL MARGRINE CUP MILK - Variety Lunch	Apr - 19 CHICKEN BURGER C CELERY STICKS Peaches, Diced MILK - Variety Lunch KETCHUP SALAD DRESSING Ranch Dressing/Lawry'
Apr - 22 Burritos Beef&Bean CHEESE, SAUCE CHILI BEANS Pineapple Tidbits MILK - Variety Lunch	Apr - 23 CHILI DOGS FRENCH FRIES PICKLE, SPEARS FRUIT COCKTAIL MILK - Variety Lunch KETCHUP	Apr - 24 PORK ROAST MASHED POTATOES GRAVY BROWN, FRUIT COCKTAIL HOT ROLL MILK - Variety Lunch	Apr - 25 Sausage Pizza BROCCOLI, raw Fruit cocktail /w JELLO MILK - Variety Lunch Sherbet Cup	Apr - 26 School Holiday
Apr - 29 Chicken Strips MASHED POTATOES White Gravy CHERRY CRISP MILK - Variety Lunch	Apr - 30 WEINER WRAPS vegie beans Peaches Diced MILK - Variety Lunch MUSTARD KETCHUP			

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 COOKS CHOICE NO	Apr - 2 MUFFINS,BLUE BER OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK,1% Lowfat Choc Milk JELLY	Apr - 3 SCRAMBLED EGGS OR CEREAL ASSORT TOAST,RAISIN FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk JELLY	Apr - 4 DONUT OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	Apr - 5 GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk
Apr - 8 LONG JOHNS OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK,1% Lowfat Choc Milk	Apr - 9 Banana Pancakes OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA SYRUP,IND. MILK,1% Lowfat Choc Milk	Apr - 10 BREAKFAST BURRIT OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK - Variety Lunch picante JELLY	Apr - 11 FRUDELS OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	Apr - 12 GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk
Apr - 15 BREAKFAST BAR OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	Apr - 16 BREAKFAST PIZZA O OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK,1% Lowfat Choc Milk JELLY	Apr - 17 FRENCH TOAST OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA SYRUP,IND. JELLY MILK,1% Lowfat Choc Milk	Apr - 18 SAUSAGE EGG, SCR OR CEREAL ASSORT TOAST WHOLE WHE FRUIT JUICE ASSOR ORANGES KETCHUP picante MILK,1% Lowfat Choc Milk	Apr - 19 GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk
Apr - 22 Mini Cinnis OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES JELLY MILK,1% Lowfat Choc Milk	Apr - 23 BREAKFAST BITES OR CEREAL ASSORT TOAST WHOLE WHE FRUIT JUICE ASSOR ORANGES SYRUP,IND. JELLY MILK,1% Lowfat Choc Milk	Apr - 24 E. Muff.W/Egg&Chees OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	Apr - 25 GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	Apr - 26 School Holiday
Apr - 29 OATMEAL OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES CINNAMON TOAST JELLY MILK,1% Lowfat Choc Milk	Apr - 30 PANCAKES WHOLE OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MARGRINE PATTY MILK,1% Lowfat Choc Milk			

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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