

Perkins-Tryon School

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 21	Aug - 22	Aug - 23	Aug - 24 Cinnamon Rolls Pur. OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES JELLY MILK,1% Lowfat Choc Milk	Aug - 25 GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk
Aug - 28 LONG JOHNS OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK,1% Lowfat Choc Milk	Aug - 29 Banana Pancakes OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA SYRUP,IND. MILK,1% Lowfat Choc Milk	Aug - 30 BREAKFAST BURRIT OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK - Variety Lunch picante JELLY	Aug - 31 FRUDELS OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	

This institution is an equal opportunity provider

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 21 	Aug - 22 	Aug - 23 	Aug - 24 NACHOS WITH GRO Pears Diced PINTO BEANS MILK - Variety Lunch	Aug - 25 PEPPERONI PIZZA GREEN BEANS AMBROSIA FRUIT SA MILK - Variety Lunch
Aug - 28 Burritos Beef&Bean CHEESE, SAUCE CHILI BEANS Pineapple Tidbits MILK - Variety Lunch	Aug - 29 CHILI DOGS FRENCH FRIES PICKLE, SPEARS FRUIT COCKTAIL MILK - Variety Lunch KETCHUP	Aug - 30 SPAGHETTI AND ME CINNAMON, APPLES CARROTS MILK - Variety Lunch	Aug - 31 TOSTADOS, BEAN LETTUCE W/ TOMAT FRUIT SALAD MILK - Variety Lunch picante	

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