

# Perkins-Tryon School

Apr 17, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2 LONG JOHNS OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK,1% Lowfat Choc Milk	Apr - 3 Egg Biscuit OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES JELLY MILK,1% Lowfat Choc Milk	Apr - 4 OATMEAL OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES CINNAMON TOAST JELLY MILK,1% Lowfat Choc Milk	Apr - 5 FRENCH TOAST OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA SYRUP,IND. JELLY MILK,1% Lowfat Choc Milk	Apr - 6 GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk
Apr - 9 WAFFLES Whole Grai OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk SYRUP,IND.	Apr - 10 MUFFINS,BLUE BER OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK,1% Lowfat Choc Milk JELLY	Apr - 11 SCRAMBLED EGGS OR CEREAL ASSORT TOAST,RAISIN FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk JELLY	Apr - 12 GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	Apr - 13
Apr - 16 LONG JOHNS OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK,1% Lowfat Choc Milk	Apr - 17 Banana Pancakes OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA SYRUP,IND. MILK,1% Lowfat Choc Milk	Apr - 18 BREAKFAST BURRIT OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK - Variety Lunch picante JELLY	Apr - 19 GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	Apr - 20
Apr - 23 BREAKFAST BAR OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	Apr - 24 BREAKFAST PIZZA O OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK,1% Lowfat Choc Milk JELLY	Apr - 25 FRENCH TOAST OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA SYRUP,IND. JELLY MILK,1% Lowfat Choc Milk	Apr - 26 GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK,1% Lowfat Choc Milk	Apr - 27
Apr - 30 Mini Cinnis OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES JELLY MILK,1% Lowfat Choc Milk				

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2 CHICKEN NUGGETS FRENCH FRIES FRUIT SALAD MILK - Variety Lunch KETCHUP	Apr - 3 TACO,BEEF LETTUCE W/ TOMAT PEARS DICED* BROWNIES MILK - Variety Lunch picante sauce	Apr - 4 CHICKEN & RICE BROCCOLI,raw ROSSI APPLESAUCE HOT ROLL MILK - Variety Lunch MARGRINE CUP	Apr - 5 BEEF & BEAN TAMAL BLACK-EYED PEAS FRUIT COCKTAIL MILK - Variety Lunch picante sauce	Apr - 6 HAMBURGER ON A B Sweet Potatoe Circles Pineapple Tidbits PICKLE,SPEARS MILK - Variety Lunch KETCHUP MUSTARD
Apr - 9 NACHOS WITH GRO PEACHES PINTO BEANS MILK - Variety Lunch	Apr - 10 CHICKEN FRIED STE MASHED POTATOES COUNTRY GRAVY ROSSI APPLESAUCE MILK - Variety Lunch	Apr - 11 TACO SALAD LETTUCE W/ TOMAT PEAR JELLO MILK - Variety Lunch picante sauce	Apr - 12 PEPPERONI PIZZA GREEN BEANS AMBROSIA FRUIT SA MILK - Variety Lunch	Apr - 13
Apr - 16 Burritos Beef&Bean CHEESE,SAUCE CHILI BEANS Pineapple Tidbits MILK - Variety Lunch	Apr - 17 CHILI DOGS FRENCH FRIES PICKLE,SPEARS FRUIT COCKTAIL MILK - Variety Lunch KETCHUP	Apr - 18 SPAGHETTI AND ME CINNAMON,APPLES CARROTS MILK - Variety Lunch	Apr - 19 CHICKEN BUGER CR CELERY STICKS Peaches, Diced MILK - Variety Lunch KETCHUP SALAD DRESSING Ranch Dressing/Lawry'	Apr - 20
Apr - 23 CORN DOG Sweet Potatoe Circles APPLES,Fresh MILK - Variety Lunch MUSTARD KETCHUP Vanilla Pudding	Apr - 24 Chicken Strips MASHED POTATOES White Gravy CHERRY CRISP MILK - Variety Lunch	Apr - 25 CHICKEN FAJITAS GREEN BEANS APPLES,Fresh MILK - Variety Lunch Chocolate Chip Cookie	Apr - 26 TUNA SALAD SANDW Whole Wheat Bread ORANGES CELERY STICKS MILK - Variety Lunch Ranch Dressing PPI	Apr - 27
Apr - 30 Hot Dog on a Bun CARROT BABY STIC Relish AMBROSIA FRUIT SA MILK - Variety Lunch MUSTARD KETCHUP RANCH DRESSING				

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