

Perkins-Tryon School

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Jul 21, 201

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 1	Aug - 2	Aug - 3	Aug - 4	Aug - 5
Aug - 8	Aug - 9	Aug - 10	Aug - 11	Aug - 12
Aug - 15	Aug - 16	Aug - 17	Aug - 18	Aug - 19
Aug - 22	Aug - 23	Aug - 24	Aug - 25	Aug - 26
			WAFFLES Whole Grai OR CEREAL ASSORT TOAST, WHOLE GRA FRUIT JUICE ASSOR ORANGES MILK, 1% Lowfat Choc Milk SYRUP, IND.	GRAVY SAUSAGE OR CEREAL ASSORT BISCUITS FRUIT JUICE ASSOR ORANGES MILK, 1% Lowfat Choc Milk
Aug - 29	Aug - 30	Aug - 31		
LONG JOHNS OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK, 1% Lowfat Choc Milk	MUFFINS, BLUE BER OR CEREAL ASSORT FRUIT JUICE ASSOR ORANGES TOAST, WHOLE GRA MILK, 1% Lowfat Choc Milk JELLY	SCRAMBLED EGGS OR CEREAL ASSORT TOAST, RAISIN FRUIT JUICE ASSOR ORANGES MILK, 1% Lowfat Choc Milk JELLY		

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			NACHOS WITH GRO Pears Diced PINTO BEANS MILK - Variety Lunch	PEPPERONI PIZZA GREEN BEANS AMBROSIA FRUIT SA MILK - Variety Lunch
Aug - 29	Aug - 30	Aug - 31		
CHICKEN FRIED STE MASHED POTATOES COUNTRY GRAVY ROSSI APPLESAUCE MILK - Variety Lunch	TACO SALAD LETTUCE W/ TOMAT PEAR JELLO MILK - Variety Lunch picante sauce	CHILI DOGS FRENCH FRIES PICKLE, SPEARS FRUIT COCKTAIL MILK - Variety Lunch KETCHUP		

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